

# **5** TOP 5 reminders from your PHS Counselors! *On Fridays!*

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**Friday, March 30, 2018**

## **1) Freshman and Sophomore Planning**

Counselors are meeting individually with all freshmen (March 26-April 15) and all sophomores (April 16-May 18) to help them plan out their Individual Career and Academic Plans (ICAP). These 4-year plans are available for parents to view and update as well. Please refer to the “Academic Planning” tab in Infinite Campus. Have your student show you their plan today! Contact your counselor if you have questions or need help.

## **2) Coffee and Conversation – April 6 (last one!)**

Our last Coffee and Conversation of the school year will be on April 6, 7:00am, in the PHS Library. This session will feature NCAA eligibility information and summer learning opportunities. Come join us for hot coffee and great information! All are welcome to attend.

## **3) Resilience: The Biology of Stress and the Science of Hope – April 9**

Join us for a dynamic film screening of Resilience: The Biology of Stress and the Science of Hope. This limited release documentary examines how abuse, neglect and other adverse childhood experiences (ACEs) affect children’s development and their link to health outcomes in adulthood. The film highlights how everyone can work together to support and build resilience in kids. Come join us! Monday, April 9<sup>th</sup>, 6:00—7:30 p.m., PHS Media Center. All parents/guardians and students are welcome to attend. Childcare available. [Please RSVP](#) (or) contact Jill Hazell for questions: [hazellj@parkhill.k12.mo.us](mailto:hazellj@parkhill.k12.mo.us)

## **4) Are you interested in Automotive Technology? – Field Trip April 20**

Are you interested in cars—fixing them, learning about them, designing them? MCC-Longview is hosting its 19th Annual Automotive Experience on Friday, April 20. This event will include an employer showcase featuring area employers, industry technicians and two and four-year degree program representatives. There will also be a display of vintage cars, hot rods, motorcycles, and military trucks. In addition, there will be opportunities to tour the Automotive Technology facilities and learn more about their cooperative programs with Ford, General Motors, and independent repair shops. Interested juniors and seniors can sign-up for this free event by obtaining the permission forms in the Counseling Office and turning them in by Thursday, April 12. See Mr. Schuerman with questions.

## **5) Advanced Placement required meetings – April 19 and 23**

Any students taking an AP test this May must attend one of the AP Pre-Administration meetings held in the auditorium on April 19<sup>th</sup> or April 23<sup>rd</sup> during tutorial. Please plan to attend one of these meetings. For questions, please contact Mrs. Dorrell in the counseling office.

## **BONUS!**

## **6) Seniors – report your scholarships/awards!**

Senior Honors Night is coming and we want to recognize our awesome seniors who are earning scholarships! Please enter any scholarship/award that you have received to help fund your post-secondary education. Even if you are not sure if you are going to accept the award (or attend the school that awarded you the money), please enter the information. You can return to this form multiple times, so please continue to update your awards until APRIL 18<sup>th</sup>! Report here: <https://goo.gl/forms/1PHdbU4yPprvy6Y2>